

PURDUE UNIVERSITY

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Management of Ponds, Wetlands, and Other Water Reservoirs to Minimize Mosquitoes

Introduction

The recent discovery of West Nile virus in Indiana has directed increased attention to mosquitoes (carriers and transmitters of the disease) and potential means of controlling mosquito populations. Because mosquitoes are known to breed in standing water, many people are raising questions about the role of natural and artificial ponds and wetlands in relation to mosquito populations.

In addition to beautifying the landscape, ponds and wetlands provide important ecosystem services in Indiana such as storm water management, habitat for aquatic life, and ecosystem health and stability. Ponds and wetlands reduce storm water runoff problems by catching and slowing the movement of storm water. They help filter and clean rainfall and runoff water, and increase ground water aquifer recharge. Ponds and wetlands in the landscape provide for diverse flora and fauna, including birds, bats, aquatic insects, fish, and amphibians; all of which feed on mosquitoes. In addition to these positive aspects, ponds and wetlands provide recreational opportunities for many Hoosiers, including fishing, swimming, boating, and hunting.

Although under some circumstances ponds and wetlands can increase mosquito populations, predators of mosquitoes such as fish and other aquatic organisms will usually control mosquito populations if the pond or wetland supports a well-balanced ecosystem. This publication describes problems that make ponds and wetlands especially inviting to mosquitoes and how to develop and promote an ecosystem in your pond or wetland that controls mosquito populations by natural predation.

Management of ponds to minimize mosquitoes

Large & Natural Ponds

A well-functioning pond is characterized by a living ecosystem that includes fish and other aquatic organisms, stable banks with good plant cover, and a diversity of insect and animal life. Such a pond will have water with adequate and stable levels of oxygen, some surface wave action, and possibly a slight greenish tint from the presence of phytoplankton. In balance, phytoplankton provide the base of the aquatic food chain and are essential to



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Key Factors in Ponds that Reduce and Destroy Mosquito Larvae

- Fish and aquatic insects
- Surface wave action
- Disturbance from rainfall

a pond ecosystem. Ecologically stable ponds normally do not produce problem mosquito populations because the natural factors of fish predation and surface wave action tend to kill mosquito larvae. Ponds stocked with fish, such as Large Mouth Bass and Blue Gill, will greatly reduce or eliminate mosquito larvae.

Bats and Purple Martins consume mosquitoes, although field research has shown that they do not have significant effects on mosquito populations.^{1,2} However, these species should be encouraged as they help complete a diverse ecosystem. Other birds, aquatic insects, dragonflies, fish, and amphibians all consume mosquitoes and their larvae and together serve as natural mosquito control.

In addition to fish, wave action or water movement on the pond surface is an important factor in reducing mosquito larvae survival rates. Natural ponds and most Indiana farm ponds will have adequate surface water movement and do not require additional aeration. In the case of stagnant ponds lacking water movement, or ponds lacking enough oxygen for fish survival, mechanical aerators can help improve the pond condition.

Ponds receiving excess nutrients can favor algae blooms and submersed aquatic vegetation. This situation can lead to increased mosquito egg laving in these ponds and pools due to excess plant cover, providing the larvae with protection from predators, wave action, and rainfall.³ Mosquito larvae also feed on organic debris in water. These problem ponds need to be addressed by restoring the ponds with aeration and stocking them with fish. For more information on pond aeration and restoring water movement, contact one of the resource people listed at the end of this publication, or view the following Web publication: http://agpublications.tamu.edu/pubs/efish/370fs.pdf. Avoid the use of fertilizer within at least a 50 foot radius of ponds since this will help prevent excess nutrients from entering the ponds.

Make sure that high quality vegetative buffers are in place around ponds. These will slow or trap sediment, pesticides, and nutrients. Encouraging natural vegetation on the banks and shoreline of larger ponds may provide some adult mosquito habitat, however it also has many benefits for pond quality. Tall vegetation surrounding a pond makes it less attractive to geese. Large numbers of geese can degrade pond water quality and have also been implicated as vectors of West Nile virus.⁴ In addition, natural vegetation surrounding large ponds provides habitat for predators of adult mosquitoes and their larvae.

Mosquito Prevention Checklist for Pond Owners

- Maintain high quality vegetative buffers around the pond.
- Use top feeding minnows and other fish to reduce or eliminate mosquito larvae.
- Use aeration to improve stagnant ponds.
- Prevent excess nutrients and pollutants from entering the pond.
- Do not spray chemicals or apply fertilizer near, uphill, or upwind from the pond.
- Prevent livestock from entering the pond and degrading the banks of the pond.
- Prevent ruts when mowing.
- □ Keep grass clippings out of the pond.
- Encourage patches of natural vegetation at pond edges to provide beneficial wildlife and insect habitat.
- Avoid shallow ponds and basins without fish or aeration.
- Employ chemical controls by a certified pesticide applicator only as a last resort.

A balance must be struck between open water and aquatic vegetation. A good rule of thumb is to have 30 percent of the shallow area of the pond in rootedfloating and submersed aquatic vegetation. These aquatic plants provide necessary habitat for fish and other wildlife and should be protected. The side slope of ponds influences the presence of submersed and rooted-floating aquatic plants. For more information on pond side slope and construction see the contact list on page 7 under the section: "Assistance with pond and wetland restoration and management."

Types of Aquatic Vegetation

Emergent

Plants that are rooted in the silt and pond shoreline such as cattails.

Rooted-floating

Plants that are rooted under water in shallow areas and have floating surface vegetation such as waterlily.

Submersed

Plants that have their roots under water in bottom sediments and grow up through the water such as pondweed.

Free-floating

Very small plants that float on the surface such as duckweed.

For information on controlling invasive aquatic plants refer to the following Purdue Extension publications:

Aquatic Plant Management, WS-21, www.agcom.purdue.edu/AgCom/Pubs/WS/WS_21.pdf Barley Straw for Algae Control, APM-1-W www.btny.purdue.edu/Pubs/APM/APM-1-W.pdf Control of Duckweed and Watermeal, APM-2-W www.btny.purdue.edu/Pubs/APM/APM-2-W.pdf

Small Backyard Water Gardens and Shallow Ponds

Small or very shallow ponds are prone to mosquito problems if they lack fish, water movement, or have their edges or surfaces completely covered with aquatic plants. If a small pond becomes stagnant restore water movement with a fountain, waterfall, or other aerator and stock the pond with minnows. Top feeding minnows will provide effective mosquito control in small ponds. A small fish that has received a lot of media attention is the Mosquito fish (*Gambusia affinis*). They have been shown to be the most effective fish for mosquito control in ponds not connected to natural waterways.^{5,6} However, Mosquito fish do eat and affect habitat resources at varying levels and should not be considered for ponds connected with natural waterways.⁷

As water temperature rises it holds less oxygen. This may have a deleterious effect on fish in small and shallow ponds during summer months. Providing afternoon shade from hot summer sun for small and shallow ponds can improve conditions for fish by helping to keep water temperature from rising beyond the capacity of fish to tolerate. Artificial aeration will also help improve oxygen levels in small ponds. If mosquitoes are a problem, mowing around small backyard or shallow ponds may be necessary in order to eliminate adult mosquito habitat. Clippings from mowed vegetation can cause problems if they end up in the pond since they add excess nutrients and provide additional food and protection for mosquito larvae.⁸ Make sure that clippings are prevented from entering the pond. For more information on backyard water gardens view this Web publication http:// wildlife.tamu.edu/publications/TAEXPonds/789a.pdf.



Storm Water Ponds and Infiltration Areas

Ponds that have been built specifically for catching and holding storm water have important environmental benefits. When properly designed and managed these storm water ponds and infiltration areas should not become problem mosquito breeding habitat.⁸ However, there are conditions under which these areas can encourage mosquitoes. When storm water holding ponds become nearly dry, vector mosquitoes may invade the ponds. Large fluctuations in water levels of storm water ponds can make the system ideal for floodwater mosquitoes. Monitor for mosquito larvae during periods when water levels remain low, or when water levels fluctuate frequently.

Areas designed to infiltrate, rather than hold, storm water can also become potential mosquito breeding areas. If these infiltration areas remain wet for periods longer than 72 hours, floodwater mosquitoes are often the first to invade.⁸ If poor management has resulted in grass cuttings or polluted runoff accumulating in these wet areas, vector mosquitoes can be found later in the summer season. Avoid placement of infiltration systems in areas where they are likely to remain wet for longer than 72 hours (e.g. where the water table is close to the surface). Storm water infiltration areas should be free of isolated depressions that could allow water to accumulate for longer periods. Mowing near infiltration areas should be done without producing ruts where water can collect, and grass clippings and debris should be removed regularly.

Use of Chemical Products in Ponds to Control Mosquitoes

Questions arise about the use of chemicals and other products for mosquito control. Due to a higher level of environmental and human health risk compared with natural mosquito control methods, chemical controls should be seen as a last resort. Chemicals for mosquito control are best left to certified pesticide applicators.⁹ Before applying chemical controls, you should verify that the mosquito population in question is at risk for transmitting disease. For more information see the Purdue Extension publication *E-52-W, Mosquito Control by Trained Personnel,* www.entm.purdue.edu/Entomology/ext/targets/ e-series/EseriesPDF/E-52.pdf.

Wetlands and mosquitoes

Natural Wetlands

Management practices that ensure healthy, functioning aquatic ecosystems are proven long-term and cost-effective strategies for controlling mosquito populations. Contrary to popular belief, natural wetlands can reduce the population of mosquitoes compared with drained or degraded wetland areas. According to the Indiana Department of Natural Resources-Division of Fish & Wildlife, wetland restoration decreases mosquito populations in two ways: by providing healthy habitat for the natural enemies of mosquitoes, and by preventing or reducing flooding in non-wetland areas. The IDNR fact sheet, *Did you know? Healthy wetlands devour mosquitoes* <www.in.gov/dnr/fishwild/publications/inwetcon/



hlywet.pdf>, provides an example of one mosquito control project that documented a reduction of 90 percent in the mosquito population after restoring a 1,500 acre wetland area.¹⁰

To be certain, all wetlands will have populations of mosquitoes varying with the degree of wetness and air temperature. During drought periods when water in some wetland areas may be reduced to small or shallow pools, mosquitoes can migrate and congregate in these smaller areas of wetness, though populations of flood water mosquitoes overall tend to decrease during drought periods.^{11,12} However, in areas where wetlands have been drained, mosquito populations thrive when these former wetland areas become inundated after rain storms.¹⁰ Following rain, intermittent moist muddy or shallow stagnant water combined with an absence of predators of mosquitoes can allow the mosquito population to explode.^{10,11,12,13} including disease carrying mosquitoes that breed only in stagnant water.¹¹ This type of flooding in non-wetland areas occurs more frequently after wetlands are drained, and this creates the most serious nuisance mosquito problems in Indiana.¹⁰ The Indiana Departement of Natural Resources recommends restoring these wetland ecosystems.¹⁰ For additional information on wetlands see the Purdue Extension publication Wetlands and Water Quality, WQ-10 persephone.agcom.purdue.edu/AgCom/Pubs/WQ/ WO-10.html.

Long-term commitment to wetland restoration also saves tax payers money on mosquito control. A study of a 548 acre marsh in 1969 on the U.S. east coast reported spending \$16,000 to implement wetland restoration. Since that time the wetland has not needed any maintenance, cleaning, pesticides, or other costs. It was estimated that in a 25 year period since 1969 traditional insecticide methods would have cost \$685,000.^{10,14,15}

Constructed Wetlands

"Artificial" wetlands are being constructed in Indiana to control and treat storm water and wastewater. Whenever possible, constructed wetlands that treat wastewater should be located away from residential areas and beyond the flight range of local disease carrying mosquitoes. Locating constructed wetlands in open areas where wind can produce waves in the wetland will disrupt mosquito development.

Pollutant traps and sedimentation zones within the wetland should be managed to prevent blockages and pollutant buildup, as blockage can promote stagnant water. Maintaining water movement through the wetland is important for reducing mosquito populations. Riffle zones provide turbulence detrimental to mosquito larvae and also raise oxygen levels in the water.

Aeration systems for large constructed wetlands reduce mosquito larvae by disturbing the water surface, and sprinkler systems can inhibit mosquito egg laying. If constructed wetlands become overvegetated they provide ideal habitat for mosquito larvae due to being protected from predators and from rainfall and wave action. Maintenance of vegetation by harvesting and culling of plants can provide for increased water movement and predator access to mosquito larvae.

Managing water other than ponds and wetlands near the home

Mosquitoes that tend to lay their eggs in human-made reservoirs near residential areas are the primary disease carrying species, and are often referred to as vector mosquitoes.^{11,16,17,18,19} More information on vector mosquitoes can be read online at www.entm.purdue.edu/Entomology/ext/targets/eseries/EseriesPDF/E-204.pdf. If you have a mosquito problem around your home, chances are good that they are breeding in your yard.

The number one action that homeowners can take to reduce vector mosquitoes near the home is to eliminate the reservoirs where these mosquitoes often breed.²⁰ The checklist on page 6, "Water reservoirs other than ponds and wetlands where mosquitoes may breed," provides a general list of these breeding areas. Consider that just one inch of water in an ordinary coffee can may result in as many as 1,000 mosquitoes every seven days. For a photographic chart of the life cycle of a vector mosquito visit the *Mosquito Hygiene Web site* at www.cfe.cornell.edu/erap/WNV/ WNVEducDocs/MosqHygienePoster6-02.pdf.

In many cases, simply altering the reservoir will prevent mosquito breeding. For example, turning a wheelbarrow upside down to prevent pooling of stagnant water. In other instances, the reservoir should be eliminated, as in the case of abandoned tires. Regular maintenance is required for some reservoirs, such as keeping rain gutters cleaned of debris, and changing water in bird baths and pet bowls once a week. There are additional problem areas that fall into the jurisdiction of county and city officials, such as storm water drains and ditches. Contact your local health department for information and assistance.

For more information on mosquitoes and their control around the home refer to Purdue Extension publication, *Mosquitoes In and Around the Home*, *E-26-W*, www.entm.purdue.edu/Entomology/ext/ targets/e-series/EseriesPDF/E-26.pdf.

An issue that deserves further inquiry

Ponds, wetlands, and residential environments in relation to mosquitoes are complex issues. This publication presents available information and strategies for pond, wetland, and water reservoir management as a way of helping Indiana residents to minimize mosquito problems. Further studies focusing on the effects of protecting and encouraging natural predators of mosquitoes through ecosystem restoration would shed light on some of these complex issues. Currently, only four percent of natural wetland areas in Indiana remain. As wetland areas are restored, mosquito populations and predator/prey relationships can be monitored. This publication will be updated as knowledge on this issue evolves.

Water reservoirs other than ponds and wetlands where mosquitoes may breed

Check if present	Potential reservoirs	Date problem remedied
	Basements with standing water	
	Birdbaths	
	Boats that have not been drained or covered	
	Cans, jars, or other open containers	
	Clogged house roof gutters	
	Culverts with stagnant water	
	Ditches that hold stagnant water	
	Drain outlets from air-conditioners	
	Dripping outdoor faucets	
	Flower pots	
	Leaf-filled drains	
	Leaking pipe joints	
	Livestock water tanks	
	Manure treatment lagoons	
	Old cisterns	
	Ornamental ponds	
	Over-irrigated lawns and fields	
	Saucers under potted plants	
	Septic absorption fields (if soggy)	
	Sewage treatment ponds	
	Standing water in tire ruts and horse or livestock lots	
	Storm water drain systems	
	Street gutters, catch basins at road corners	
	Stumps and tree holes	
	Swimming pool covers	
	Tires (abandoned)	
	Unsealed barrels	
	Wading pools or kiddie pools	
	Water cans, buckets, troughs, pet bowls	
	Wheel barrows or tilt-up carts	
	Wells in old frost pits that flood	

Assistance with pond and wetland restoration and management

Technical assistance is available from the agencies listed below. Some cost-share funds, as well as payment programs on agricultural lands, may be available for pond and wetland restoration and protection.

 Indiana Department of Natural Resources, Division of Fish and Wildlife, 402 W. Washington St., Rm. W273, Indianapolis, Indiana 46204.
 Phone: 317-232-4080
 www.IN.gov/dnr/fishwild

Indiana Natural Resources Conservation Service. Call 317-290-3200 for information. www.in.nrcs.usda.gov/

The Purdue Extension Water Quality Web Site provides information and recommendations on many water quality subjects.
www.ces.purdue.edu/waterquality/index.htm.

Contact Purdue Extension, 1-888-EXT-INFO, and ask for the Aquaculture Specialist's contact information for fish related questions and ask for the Entomology Department for mosquito related questions.

► Jonathon Ferris, Purdue Extension Educator, is an aquaculture expert and can be contacted at 765-529-5002 for pond management questions.



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¹⁰IDNR Fact Sheet: Indiana Wetlands Conservation Plan. *Did you know? Healthy wetlands devour mosquitoes*. IDNR-Division of Fish & Wildlife, Rm W273 I.G.C.S., 402 West Washington Street, Indianapolis, Indiana 46204.

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