



**Heath to Host the U.S. Open Triathlon October 12;  
Event includes USOT Collegiate Cup**

It will be an exciting morning on Sunday, October 12, when the cycling portion of the U.S. Open Triathlon (USOT) presented by Pacific Sports comes through Heath. The route is being finalized, and event organizers are taking full advantage of the rolling and scenic terrain of our community.

“Heath and Rockwall will provide us a tremendous venue for the U.S. Open Triathlon,” said Pacific Sports President Jack Caress. “It is important for the future of this event to bring a triathlon that the Dallas Metroplex area can be proud of and that we can build on.”

“We are very excited that the U.S. Open Triathlon will travel through the City of Heath,” said Mayor Lorne Liechty. “This is consistent with the outdoor recreational lifestyle enjoyed by so many of our residents and an excellent opportunity to showcase our community on a national level.”

The event starts with a swim in Lake Ray Hubbard from the marina at Rockwall Harbor. The bike course will travel through Heath and Rockwall, and the run course will be in the Rockwall Harbor area with the finish immediately adjacent to the Hilton.

It is anticipated that the race route will affect traffic in Heath from approximately 9 to 11:30 a.m. on Sunday morning, October 12. The final race route and alternate traffic routes for Heath residents will be included in future newsletters and posted at [www.heathtx.com](http://www.heathtx.com) as soon as they become available.

For more information or to register, visit [www.usopen-triathlon.com](http://www.usopen-triathlon.com).

**Motorcycle Safety and Awareness Month**



Mayor Lorne Liechty (left) with Heath DPS Chief Terry Garrett (far right) proclaimed May as Motorcycle Safety and Awareness month in Heath and urged citizens to be aware of motorcyclists and to give the riders the respect and road they deserve. Accepting the proclamation was Mike Rutter, a North Texas Safety Coordinator of the Texas Confederation of Clubs and Independents.



**Heath Celebrates Freedom!  
Annual Independence Day Parade & Popsicles in the Park  
is JULY 4! More Details Next Month.**

## Capital Improvement Plan Updates



### **BUFFALO CREEK TRAIL REPAIR IS COMPLETE!**

#### **FM 740 WIDENING PROJECT – PHASE 2 UNDERWAY**

TxDOT has reported that the paving scope of work for the FM 740 South widening project will begin in August 2014. The original start date was May 2014 with an anticipated 24-month construction schedule.

This second phase of the FM 740 project spans from FM 740/1140 to the FM 740/FM 1140/Hubbard Drive intersection. Utility relocations for this project are now underway.

The FM 740 North project (Phase 1) spanned from Horizon Road in Rockwall to FM 740/1140 in Heath and was completed in the Fall of 2012.

This year the Heath City Council approved a Capital Improvement Plan that includes more than \$20 million in investments that benefit the entire city. A complete list of projects can be found at [www.heathtx.com](http://www.heathtx.com).

### **Business Spotlight: Arboledas Mexican Grill**

#### **A SHOUT OUT TO A HOMETOWN BUSINESS!**



For great food and a good chance of bumping into friends and neighbors, Heath heads to Arboledo's Mexican Grill at 213 Hubbard Drive!

The relaxed, friendly environment, spicy cuisine and cool drinks are the perfect antidote to a busy day. Better yet, plans are to move the fun outside to a new patio where adults will get to enjoy music and a leisurely meal while the kids play on a big grassy area stretching behind the restaurant.

"We opened the restaurant here because we love the City and want to grow with Heath," says owner Arturo Vazquez. "We enjoy creating a relationship with the community and the customers we serve."

Arturo and his partner, Pablo Llanito (above), have been in the restaurant business for over 30 years and opened in Heath in 2012. Their menu features classic favorites like tableside guacamole and fajitas plus modern adaptations like Camarones ala Diabla (sautéed shrimp in a cascabel adobo sauce).

"We want people to know that they can count on us for their catering needs as well," noted Pablo, whose warm hospitality is a trademark of the local business. "We hope to become more involved with Heath's schools, churches and other organizations."

For more information, contact Arturo at 214-868-7033 or visit [www.arboledasmexicangrill.com](http://www.arboledasmexicangrill.com).

## Heath DPS Walks in Carry the Load, Memorial Day Weekend

The Heath Department of Public Safety entered a Walking Team in Carry the Load, an event that brings meaning to Memorial Day by honoring the sacrifices made by members of the military, law enforcement officers, firefighters and their families.

Carry The Load's National Relay Team left West Point, crossed the country, and came through Rockwall on the way to Dallas on Sunday, May 24 at 4 a.m.

Learn more about how you can participate or support: <http://carrytheload.org>.



### **City Mosquito Surveillance/Abatement Program**

The City continues to trap and test mosquitoes for the West Nile Virus on a weekly basis. You can find the results at [www.heathtx.com](http://www.heathtx.com). Please remember the 4 D's...the best ways to help prevent the contraction of mosquito transmitted diseases.

- Drain – standing water around you home and property.
- Deet – use insect repellent that contains Deet.
- Dress – wear long sleeves and pants to protect yourself.

### **Landscaping? Go Native!**



Watering restrictions are likely to become the norm in Texas, but that doesn't mean you have to sacrifice color and beauty in your landscaping. Here's a list of the Top 10 drought-tolerant plants that are thriving in gardens all over North Texas:

- \* Bearded Iris
- \* Columbine
- \* Mexican Mint marigold
- \* Texas Star Hibiscus
- \* Russian Sage
- \* Coneflower
- \* Coreopsis
- \* Mexican Petunia
- \* Rosemary
- \* Verbena



For a comprehensive guide to native trees, shrubs, grasses and flowers: [http://savedallaswater.com/pdf/naturalbeauties\\_eng.pdf](http://savedallaswater.com/pdf/naturalbeauties_eng.pdf)



**WATER RESTRICTIONS REMAIN IN EFFECT. PLEASE CHECK [WWW.HEATHTX.COM](http://WWW.HEATHTX.COM) FOR CURRENT WATERING SCHEDULES.**